



BOYS & GIRLS CLUBS

BOYS & GIRLS CLUB OF TAUNTON SPRING SWIM & STROKE CLINIC

The Boys & Girls Club of Taunton will be offering an 8-week swim and stroke clinic starting March 15th. Participants will be taught how to swim each of the four competitive strokes, with emphasis on proper technique. Participants should be strong swimmers who wish to join a swim team in the future, or even those already a part of a team. Previous swim team experience is not necessary to join the program, but strong swimming skills are required.

The clinic will run 6:30-8:30 pm, Monday through Friday. Aquatics Director Ruston Eastman, who also coaches the Tiger Sharks and Taunton High, will head the program. Guest instructors will also teach.

The clinic will have a fee of \$30, plus membership to the Boys & Girls Club of Taunton. The session will run March 15-May 7. For more information on this clinic, as well as other aquatics programs, including swim lessons and swim team, please contact Ruston Eastman at (508) 824-4341 or coach.ruston@gmail.com.